



## CLE RETREAT IN THE MOUNTAINS

PRESENTED BY TRIAL ATTORNEY AND MEDITATION LEADER  
GEORGE J. FELOS

Rest, renew, and enjoy the Spring mountains come alive at our next in-person Meditation for Lawyers® retreat just outside of Asheville, North Carolina. **Approved for 8 CLE credits. Presented by George J. Felos, national meditation leader . . . and lead attorney in the Terri Schiavo right-to-die case.** We'll spend three days and two nights exploring the transformational practice of meditation and how to incorporate that practice into your life and legal practice.

**DATES:** May 17 - 19, 2024

**LOCATION:** Montreat Conference Center in Black Mountain, North Carolina

**20-person attendee limit** - be sure to register early to insure your place

\$1170 includes room, board & much more! A \$450 deposit ensures your place.

The retreat begins Friday evening at 4 pm with a welcome reception and dinner at Montreat as we ease into the weekend's purpose — to directly encounter that center/source/core from which true renewal, relaxation, and happiness springs. The weekend wraps up Sunday with a send-off lunch.

### REGISTER FOR THE RETREAT

*So wonderfully freeing!*

– Carol V.



*It was truly magical.*

– Joseph S.



*George is a tremendous guide  
on a journey of self-exploration.*

– Linda H.



*Every lawyer should take this!*

– Daniel W.



*Best CLE ever!!*

– Benedene C.



*Awesome course!*

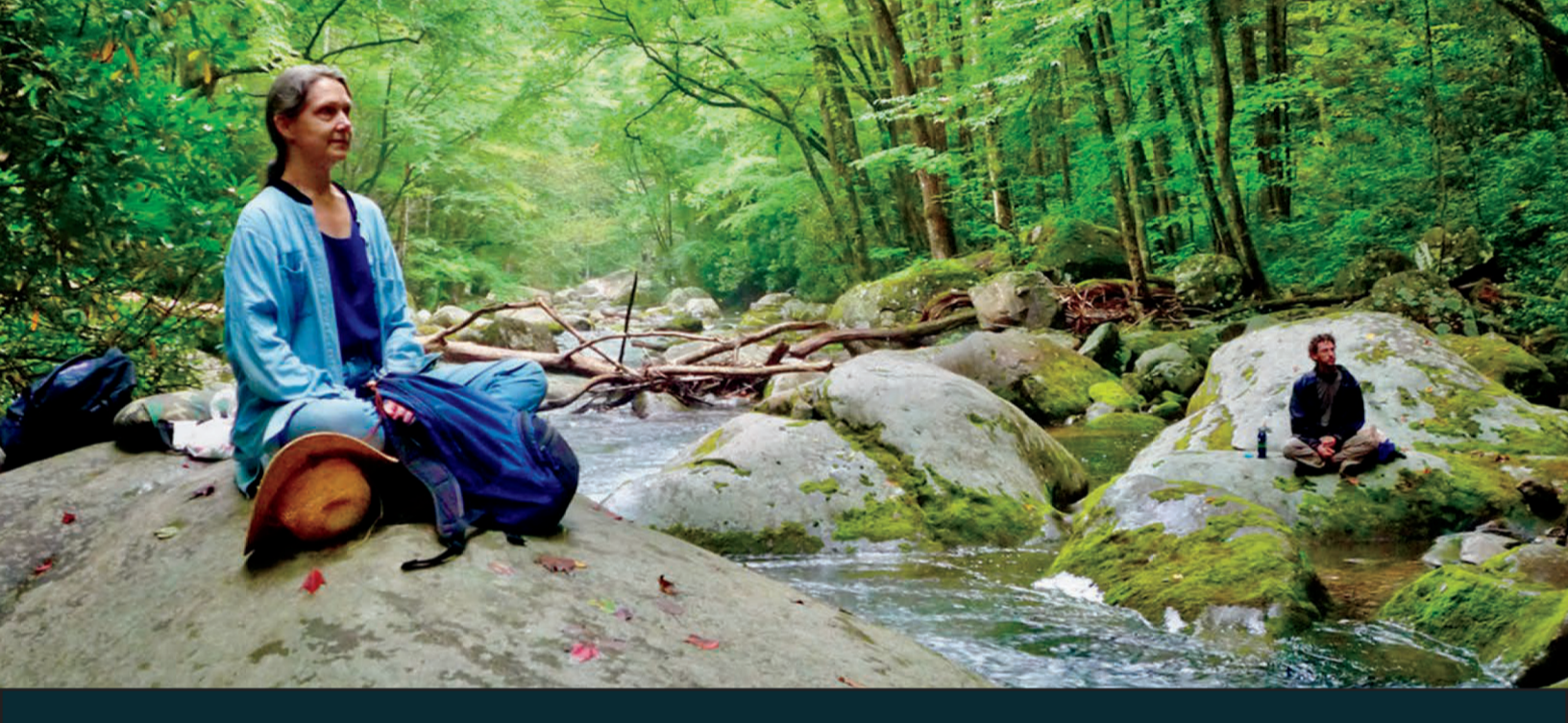
– Mark M.



### REGISTER FOR THE RETREAT

## COMPLIMENTARY MEALS & ACCOMMODATIONS

All registrants are lodged in a private room with private bath and dine at the historic and recently renovated Montreat Assembly Inn.



## Learn how to meditate, enhance your existing meditation practice, and practice law with authenticity.

Certificate of attendance for a total of 8 CLE credits.

*Meditation for Lawyers®* is accredited in Florida for 8 General credits, 1.5 Professionalism credits and 1.5 Bias Elimination credits; is accredited in North Carolina for 8 General credits; is New York CLE eligible; and, many other states issue CLE credit for out-of-state accredited programs.

**Plus:** plenty of free time to walk, rest, hike, and enjoy the mountains, springs, and streams at Montreat and its surroundings.

## WHAT'S INCLUDED?

**Friday:** Welcome reception, dinner, and first program session

**Saturday:** Full breakfast, lunch, and dinner, two program sessions, live one-hour yoga/relaxation class, and live evening concert/jam with Asheville musicians (bring your own instrument!)

**Sunday:** Full breakfast, final program session, and sendoff lunch

**Plus:** Snacks and beverages



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## ABOUT THE RETREAT SPACE

Nestled in the Blue Ridge mountains of Western North Carolina, Montreat is a private, non-profit conference center, wilderness preserve, and so much more:

- Discover over 20 hiking trails stretching across 2,500 wilderness acres
- Stroll around Lake Susan
- Shop at the Montreat Store and the Ten Thousand Villages international fair-trade shop
- Play at Robert Lake Park by wading up and down the creek and climbing on rocks

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## BOOKING & CANCELLATION POLICIES

### REGISTRATION

A deposit of \$450 secures your place; balance of \$720 is due by April 1, 2024.

### CLEs

This retreat is accredited for 8 CLEs in Florida and North Carolina as noted above. While Meditation for Lawyers® is New York CLE eligible, and accepted in many other states, we cannot guarantee your state will approve these credits (even though many states confer CLE credit for accredited out-of-state programs).

### CANCELLATION POLICY

Please note that there will be no refunds or discounts for arriving late, leaving early, flight cancellations, travel delays or illness. If you cancel your participation in a retreat for any reason, the cancellation policy below will apply, with no exceptions. We wish we could compensate people for unforeseen circumstances (injury, family emergency, etc.), but we have costs already incurred when reserving retreat centers and assistance. We have designed our policy to be as compassionate as possible in case that your plans change. But to protect yourself further, we strongly encourage you to purchase travel insurance.

### If You Cancel the Retreat:

Please send an email to [meditationforlawyers@gmail.com](mailto:meditationforlawyers@gmail.com) as far in advance as possible. If you cancel by April 1, there is no refund but you can elect to apply your deposit to our next retreat (minus a \$75 administrative fee). If you do not cancel and full payment for the retreat is not received by April 1, your retreat registration is canceled and there is no refund or credit. If you pay in full and cancel prior to May 1, there is no refund but you can elect to apply your payment (minus a \$150 administrative fee) to our next retreat. If you pay in full and do not cancel by May 1, there is no refund or payment application to the next retreat.

### If We Cancel The Retreat:

We have never had to cancel a retreat, however, if we do cancel a retreat, we will refund to you all deposits and payments you have paid. We cannot, however, compensate you for airfare, travel or other costs incurred. To cover these risks, we highly recommend you purchase travel insurance.

### TRAVEL INSURANCE

The best way to protect yourself from any unforeseen circumstance is to purchase trip insurance. Travel Insurance can protect you if: you cancel your participation in the retreat; the retreat is canceled; you lose your baggage; or you incur medical expenses and repatriation costs due to illness or injury.

### DISCLAIMER

Meditation is a time-proven tool to assist one in directly encountering their own inner wisdom and truth. Meditation should not be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or medical treatment. The “retreat provider” (being Felos & Felos, P. A. and George J. Felos) does not provide such services nor holds itself out to provide such services. It is the retreat participant's sole and exclusive responsibility to seek such independent professional guidance as the participant may determine.

The participant is solely and fully responsible for the participant's own physical, mental, and emotional well-being, including their own choices, decisions and actions. As such, the retreat presenter is not liable or responsible to the participant or any other party for any direct or indirect action or inaction that results in adversity, damage, liability or other consequence arising out of or connected with any services provided by presenter.

The participant's attendance at the retreat shall constitute the participant's agreement to the above.

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